

Contents

Preface/Przedmowa	7
CHAPTER 1: What Nurses Do	9
CHAPTER 2: Careers in Nursing	15
CHAPTER 3: Medical Specialists	21
CHAPTER 4: Working at a Hospital.....	26
CHAPTER 5 Working a nurse abroad.....	33
CHAPTER 6: Human Body – Body Parts	38
CHAPTER 7: Internal Organs and Systems.....	45
CHAPTER 8: The Musculoskeletal System	51
CHAPTER 9: The Cardiovascular System	57
CHAPTER 10: The Digestive System	63
CHAPTER 11: The Human Respiratory System	70
CHAPTER 12: The Nervous System	76
CHAPTER 13: The Urinary System.....	84
CHAPTER 14: The Male Reproductive System.....	90

CHAPTER 15: The Female Reproductive System.....	95
CHAPTER 16: Vital Signs.....	102
CHAPTER 17: Hygiene	109
CHAPTER 18: Healthy lifestyle and proper diet.....	116
CHAPTER 19: Pregnancy and Prenatal Care	121
CHAPTER 20: Labour and Postnatal Care	129
CHAPTER 21: Postoperative Nursing Care.....	135
CHAPTER 22: Diseases	143
CHAPTER 23: Diseases – AIDS.....	150
CHAPTER 24: Medicines.....	155
Appendix 1	162
Appendix 2	163
Appendix 3.....	164
Appendix 4	165
Appendix 5	166
Appendix 6	167
Appendix 7	168
Appendix 8	169
Appendix 9	170
Appendix 10.....	173
Appendix 11	174
English – Polish Dictionary	187
Key	189