



State University
of Applied Sciences
in Krosno

KROSNO



Let's shape the universe
of the future together

An aerial photograph of Krosno, Poland, showing a mix of historic and modern architecture. In the foreground, a large, white, multi-story building with a red-tiled roof and many windows is visible. Behind it, a dense cluster of colorful, historic houses with red and grey roofs fills the town center. In the background, a green sports field with blue seating is visible, surrounded by trees and more buildings. The sky is clear and blue.

The State University of Applied Sciences in Krosno

College you
will like

**Institute of Humanities in the foreground
and Rectorate in the background**



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KROSNO

A MODERN TOWN
WITH A MEDIEVAL PAST

Rector's Message

Rector's Message

I invite you to study in Krosno, at the State University of Applied Sciences, where we offer engineering, bachelor, and master's degrees. We are certain that you will find everything you are looking for within our university's walls.

We develop scientific and research cooperation and conduct projects promoting science and academic education. We organise social, scientific, and cultural events for the city of Krosno and the region. PANS students pursue their passions and interests by participating in various scientific, artistic, and sports clubs. Our professors continue the work of the university's patron, Professor Stanisław Pigoń, who considered reliability and conscientiousness as the highest values.

At the State University of Applied Sciences in Krosno, we focus primarily on solid higher education and high qualifications of our graduates, providing them with excellent conditions for studying and developing their interests.

Dear Students, remember that the period of studying is the most important period in your life. It is a time of development and shaping of your personality and views. It is a time of fun and friendship, often also of love and important choices regarding your future work. Be passionate, bold and honest. Pursue your scientific, social, artistic, and sporting goals. Choose the right path which will provide a good start to your adult life.

Zbigniew Barabasz, PhD, DSc
Rector of State University of Applied Sciences in Krosno



From left: **Krzysztof Frączek**, PhD, Vice-Rector for Studies
Zbigniew Barabasz, PhD, DSc, Rector
Agnieszka Woźniak, PhD, Vice-Rector for Development

25 years

Our university has been in existence for **25 years**. Today it bears the name of the State University of Applied Sciences in Krosno, previously Carpathian State College and the Stanislaw Pigon State Higher Vocational School. We are the only public university in Krosno.

2,100 students study in 20 first-cycle studies, three second-cycle studies, and one five-year long master's degree.

Over 16,000 alumni have graduated from our university so far.

45 agreements with universities in Europe, Asia and the USA enable our students to study at partner universities for one semester or a whole year.

380 language course participants. Our university is a certified British Council examination centre offering Cambridge ESOL exams.

289 staff members, including 39 academics with the title of professor and 86 academics with the title of doctor. The State University of Applied Sciences in Krosno is one of the largest employers in Krosno.

We offer a wide selection of university courses.



**Developing new technologies
in Krosno**

The town of Krosno

Krosno is a middle-sized town (ca. 40,000 inhabitants) in the south-east of Poland, close to Slovakia and Ukraine. Beginnings of its history go back to the Middle Ages and the Renaissance, when the fortified town was an important trade centre for cloths and Hungarian wine. Vestiges of the rich history of Krosno can still be seen in the renovated buildings of its historical Old Town.

In the 19th and early 20th century the region of Krosno was an important centre of the Polish oil industry. It was here that kerosene was first refined from crude oil by Ignacy Łukasiewicz in 1853. Today Krosno is an industrial centre with many modern-technology companies and worldwide known glassworks, some of which focus on the production of hand-made artistic glass.



Best address in town - Rynek 1, seat of College administration in the hearth of the city

Education in Krosno

Education has always been a priority in Krosno: the first college was opened here by the Jesuits as early as the 17th century and the tradition is continued by the State University of Applied Sciences in Krosno. Państwowa Akademia Nauk Stosowanych w Krośnie (The State University of Applied Sciences in Krosno) was founded in 1999. It is an institution of higher education offering undergraduate courses lasting six to seven semesters leading to the degree of „licencjat” (equivalent to BA) or „inżynier” (equivalent to BSc) and postgraduate courses

lasting four semesters leading to the degree of „Magister” (equivalent to MA).

The university is part of the state educational system. Studies are free of charge for citizens of the European Union and ERASMUS students. The university also offers extramural courses for fee-paying students in continuing education. Senior members of the academic staff come from renowned partner institutions of higher learning in Kraków, Rzeszów, and Lublin.



Civil Engineering students carrying out laboratory experiments

Facilities

The State University of Applied Sciences in Krosno has four main campuses:

- Polytechnic Campus, ul. Żwirki i Wigury 9a
- Technical Campus, ul. Jerzy Dmochowskiego 12
- Humanities Campus, ul. Kazimierza Wielkiego 4-8
- Teaching and sports campus, ul. Wyspiańskiego 20

The Main Library is located at Rynek 1 (town centre).

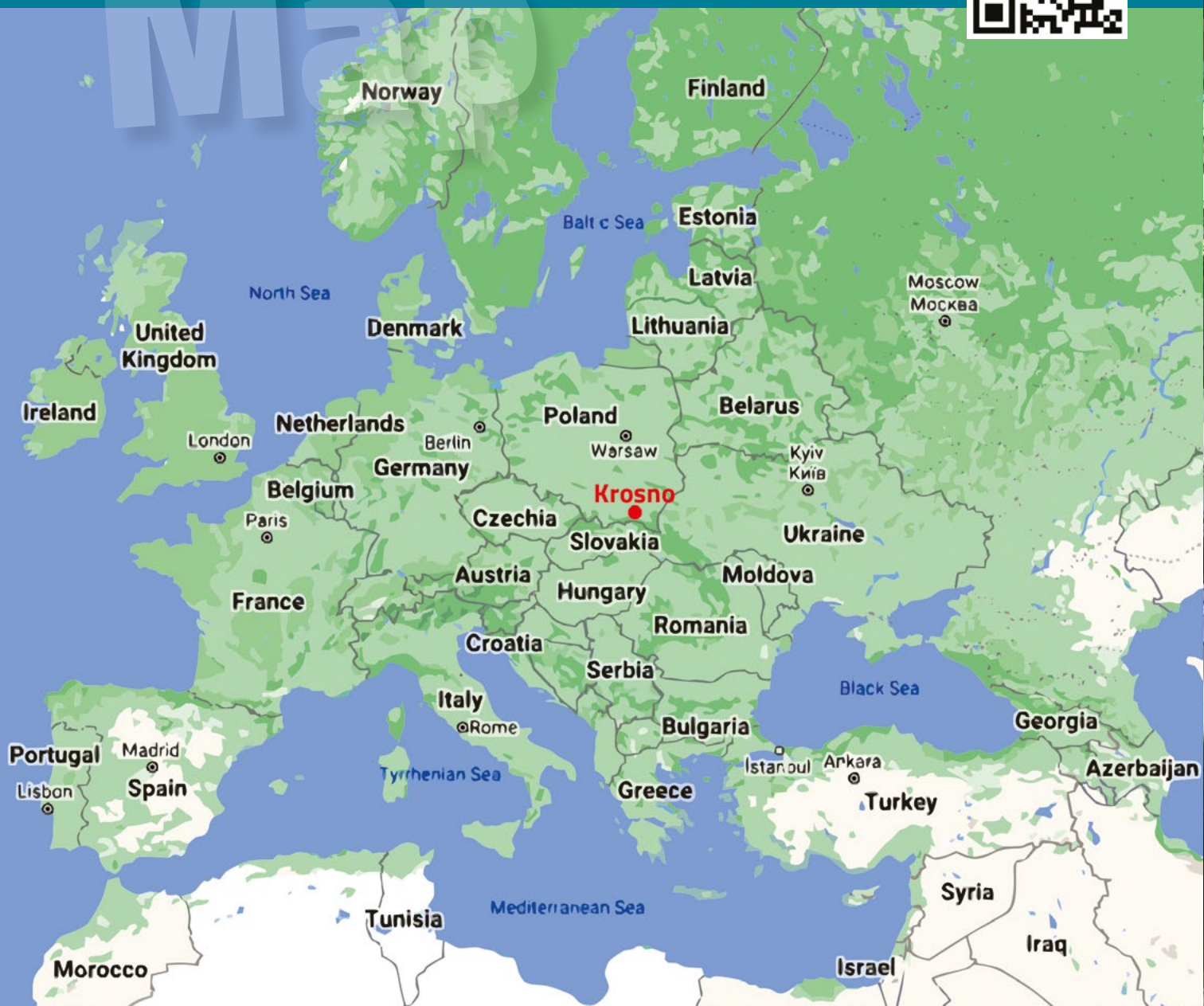
Institute of Technology in Suchodół – merging tradition with modernity



Institute of Technology in Suchodół – merging tradition with modernity

Map

pans.krosno.pl/mapa



Market square - the heart of Krosno with the Rectorate and the Library (centre-left)

First-cycle bachelor's studies:

- Internal Security
- Dual-language Studies in Translation
- Philology specialising in English Philology
- Internet Marketing
- Pedagogy
- Nursing
- Midwifery
- Paramedic Studies
- Tourism and Recreation
- Physical Education
- Management



First-cycle engineering studies:


- Automation and Robotics
- Civil Engineering
- Computer Science
- Quality Engineering in a Company
- Environmental Engineering
- Mechanical Engineering
- Food Production and Safety
- Herbal Science
- Second-cycle master's studies
- Production Engineering
- Nursing
- Management
- Pre-school and Early Childhood Pedagogy (5-year master's studies)



International Cooperation

International cooperation is an important element of the University's policy. The university is a partner of the European Erasmus+ Exchange Programme. Student exchanges with partner institutions abroad allow our graduates to be better prepared for the global job market.

The best students are awarded one or two semester mobility grants to study at universities all over Europe. Student and staff exchange is also a part of agreements signed with universities in the USA, China, Ukraine, and Georgia.



**Use the Internet, read a book.
The library is your place.
Practical information for
international students**



Practical information for international students

MEDICAL CARE

Students who are citizens of the European Union are entitled to free or reduced-cost medical treatment. They need to bring with them their European Health Insurance Card (EHIC) or other proof of insurance. Krosno has a large hospital and many outpatient centres. The students from non-EU/EEA countries have to purchase health insurance in their

home country before departure and provide proof of insurance to PANS international office before arrival to Krosno.

STUDENTS WITH DISABILITIES

Our buildings have facilities for disabled students: wheelchair accessible curbs and stairlifts. One of the rooms in Żwirki i Wigury 9a dormitory is adapted to the needs of students with disabilities.

INSURANCE

Students are advised to buy additional insurance covering civil liability and accidents.

BEFORE YOUR ARRIVAL

Fill out the application documents and send them via EWP system. Inform us about the approximate time and the date of your arrival in advance. For more details, visit: <https://pans.krosno.pl/iro/requireddocuments/>

COST OF LIVING

The cost of living in Krosno is lower than in the metropolitan areas of Warsaw or Kraków. Here are some examples:

- dormitory accommodation (a place in a double room): 400 PLN (ca. 100 euros) per month,
- a pizza at a local pizzeria: from 30 PLN (ca. 7 euros)
- a bus/train ticket to Kraków (one way): 30 PLN (ca. 7 euros)
- an average textbook: from 50 PLN (ca. 11 euros)
- bread: 6 PLN (ca. 1,4 euros)
- water: 3 PLN (ca. 0,7 euros)
- a cup of coffee: 13 PLN (ca. 3 euros)
- a cup of tea: 7 PLN (ca. 1,6 euros)



Practical information for international students

Housing

International students are offered fully equipped double rooms with shared bathrooms. The availability of rooms is limited so all applicants are registered on a first-come first-served basis. The rooms are equipped with basic furniture and have access to shared kitchen facilities. A place in a double room costs ~400 PLN (ca. 100 euros) a month.

The dormitories available:

Żwirki i Wigury Dormitory

Żwirki i Wigury 9a, 38-400 Krosno

Słowackiego Dormitory

Słowackiego 6, 38-400 Krosno

Organisation of the academic year

Winter semester:

October – end of January

Examination session:

end of January – mid-February

Summer semester:

mid-February – mid-June

Examination session:

mid-June – end of June

Public Holidays

January 1: **New Year's Day**

January 6: **Epiphany**

Easter Sunday and Monday (first Sunday after the first spring full moon)

May 1: **Labour Day**

May 3: **Constitution Day** (on the anniversary of May 3, 1791 Constitution proclamation)

Corpus Christi: On Thursday of the ninth week after Easter

August 15: **Assumption of Virgin Mary. Polish Army Day.**

November 1: **All Saints' Day**

November 11: **National Independence Day**

December 25, 26: **Christmas**

Study Buddy

A group of Polish students is happy to be in touch with you before you arrive to the State University of Applied Sciences in Krosno. And while you are here, they will help you find your way around in Krosno. The email addresses for all Erasmus study buddies working at the State University of Applied Sciences in Krosno will be sent to incoming students before their arrival.



Bus/Train connections to Krosno Travel information for journeys between:

KRAKÓW-KROSNO-KRAKÓW

barbara.net.pl and neobus.pl/en/
<https://www.intercity.pl/en/>

RZESZÓW-KROSNO-RZESZÓW

marcel-bus.pl

WARSZAWA-KROSNO-

WARSZAWA – neobus.pl/en/

After classes

For a relatively small town Krosno has a lot to offer after classes.



SPORTS

Students can practice: basketball, volleyball, football, swimming, aerobics, floorball.

For details contact

Physical Education and Sports Centre

(Studium Wychowania Fizycznego i Sportu)

Rynek 1, pokój 04 / room 04

tel. 13 43 755 12

email: swifs@pans.krosno.pl



We have one of the best academic volleyball teams in Poland

SPORTS



Sightseeing

The area of Krosno boasts in rich history in numerous monuments and museums. Do not forget to visit:

- Muzeum Podkarpackie with its famous collection of kerosene lamps
- Bóbrka Oil Industry Museum near Krosno with the first oil mine in the world
- Muzeum Rzemiosła (Crafts Museum) near the Market Square
- Glass Heritage Centre promoting the glass-making tradition of the region
- If you are in for the experience of nature then visit the Nature Park "Prządky" with fascinating rock formations near Odrzykoń just outside Krosno
- The Bieszczady Mountains National Park, one of the wildest and most beautiful spots in Europe, is just a two-hour-long bus-ride away
- Museum of Maria Konopnicka in Żarnowiec (Polish Noblist)
- Wooden Roman Catholic church in Haczów from 14th century (on UNESCO list)
- Rymanów-Zdrój - a spa city, famous for its healing waters
- Iwonicz-Zdrój - a spa city, famous for its healing waters
- Solina and Polańczyk - beautiful villages located at the biggest hydroelectric power plant dam in Poland with one of the biggest lakes in country
- The Kamieniec Castle ruins in Odrzykoń



Culture

RCKP (Regional Centre of Borderland Cultures) offers regular concerts, theatrical performances and exhibitions. In spring and summer cultural events, fairs, and concerts take place in the historic Market Square. To see a recent film go to one of the three cinemas. Polish cinemas

do not usually use dubbing. BWA (Bureau of Artistic Exhibitions) offers regular exhibitions of paintings of artists from various countries. Annual student festival, come to Krosno, be part of it!



Concert of famous artist Natalia Kukulska organised by the University during one of the festivals in June.



ERASMUS Events

Trips:

ERASMUS students at the State Academy of Applied Sciences in Krosno have the opportunity to embark on various enriching trips during their stay. These excursions usually include visits to the Glass Heritage Center in Krosno, the historic Castle Museum in Łańcut, and the world's oldest oil mine in Bóbrka. Trips to Krakow feature visits to the Auschwitz Museum and/or the Wieliczka Salt Mine. These trips provide students with unique cultural and educational experiences, fostering a deeper connection with local heritage and history.

Activities:

International Afternoon, Karaoke Evening or Erasmus Run! At State University of Applied

Sciences in Krosno you can participate in various ERASMUS events in which we are singing, explore other cultures or run celebrating democracy and diversity. All are welcome!

Juwenalia:

Juwenalia is an annual student festival celebrated in many cities across Poland, typically in late spring. It brings together many students for a week of festivities, concerts, cultural events, and sports competitions. Juwenalia are known for their lively atmosphere, featuring music performances, colourful street parades, and various entertainment activities. It is a time when students and local communities come together to celebrate youth and creativity.



Students sciences associations

Students have plenty of opportunities to develop their interests beyond the curriculum. Besides regular meetings at the college, the members participate in field trips, conferences, courses, symposiums, and research projects.

**Our drivers from
SSC Rotor with Piła
vehicle which can drive
up to 1048km/l!**



USEFUL POLISH GLOSSARY

Useful Polish glossary

Rectorate with International Relations
Office - your first steps
in your new life experience

Vice-Rector for Development

Agnieszka Woźniak, PhD
agnieszka.wozniak@pans.krosno.pl

International Relations Office

Patryk Soliński, BEng, MSc
Tel. +48 13 43 755 15
Email: iro@pans.krosno.pl

Postal address:

Państwowa Akademia Nauk
Stosowanych w Krośnie
ul. Rynek 1
38-400 Krosno
Poland

www.pans.krosno.pl



Days of week – dni tygodnia

Monday – poniedziałek

Tuesday – wtorek

Wednesday – środa

Thursday – czwartek

Friday – piątek

Saturday – sobota

Sunday – niedziela

1-one – jeden

2-two – dwa

3-three – trzy

4-four – cztery

5-five – pięć

6-six – sześć

7-seven – siedem

8-eight – osiem

9-nine – dziewięć

10-ten – dziesięć

good – dobrze

yes – tak

no – nie

How are you? – Jak się masz? or
Co słychać?

Good morning – Dzień dobry

Good evening – Dobry wieczór

Good night – Dobranoc

Hello, hi – Cześć

Bye, see you – Do widzenia, do
zobaczenia

Thank you – Dziękuję

You're welcome – Proszę

I'm sorry – Przepraszam

How much is it? – Ile to kosztuje?

Boyfriend – Chłopak

Girlfriend – Dziewczyna

I don't understand – Nie rozu-
miem

I (don't) speak Polish – (Nie) Mówię
po polsku

I (don't) speak English – (Nie) Mówię
po angielsku

Money – Pieniądze

By car – Samochodem

By air – Samolotem

By train – Pociągiem

Good luck – Powodzenia

Where are you from? – Skąd
jesteś?

What time is it? – która godzina?

I've got a problem – Mam pro-
blem

Breakfast – Śniadanie

Lunch – Obiad

Dinner – Kolacja

I feel great – Czuję się wspaniale

Today – Dzisiaj

Tomorrow – Jutro

Yesterday – Wczoraj

Are you OK? – Wszystko dobrze?

Please, speak slower – Mów
wolniej

Please, say it again – Powtórz to

What's your phone number? –
Jaki jest Twój numer telefonu?

Don't worry – Nie przejmuj się

Dormitory – Akademik / Dom
Studenta

Course register book – indeks

Student ID – legitymacja

Secretary – sekretariat

Rectorate – rektorat

Faculty – wydział

Library – biblioteka

Student – student

Teacher – nauczyciel

:

Study in Krosno



Państwowa Akademia
Nauk Stosowanych
w Krośnie



**Państwowa Akademia
Nauk Stosowanych w Krośnie**

Rynek 1

38-400 Krosno

tel. 13 43 755 00

Fotografie

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Archiwum PANS w Krośnie

www.pans.krosno.pl