

ERASMUS GUIDE

This guide is for Erasmus students in Krosno. I'll try to explain everything that you will need to know like how you can get to Krosno, what kind of clothes you need, how much money you need, where you can buy, etc.

First of all, you shouldn't buy two way plane tickets, it's better if you buy your return ticket after talk with your teachers about the date that you can come back home.

Other important thing is your student card because there are a lot of discounts for students in buses, museums... don't forget it!

What kind of clothes do you need?

The winter is very cold in Krosno, so if you are going to spend the winter here you have to bring with you warm clothes, it is quite possible that there will be snow.

During the spring temperatures vary, the weather is crazy in Poland. If you are going to spend the spring in Krosno you will need all kind of clothes, but don't worry if you cannot put everything in your suitcase, there are several shopping centers here and your family can send you a box. It's not expensive to send a box to Krosno, I received one with 15 kg of summer clothes for 25€.

I'm sure you have heard that Poland is cheaper than other European countries; this is true, but not all. The clothes price is similar to other European countries like Spain.

How much money do you need each month?

You can pass the month with 200€, more or less, but if you go out or travel a lot this amount increase.

It's very cheap to travel from Poland, there are buses everyday to go to Hungary, Ukraine, Germany, Czech Republic... and Poland is a wonderful country with very beautiful places, so travel if you have the chance.

How can you get to Krosno from Kraków?

First you have to get to the main station (Kraków Główny) from the airport. You can go by bus or taxi, I recommend the bus, it's cheaper and there is a bus stop just outside the airport on the right. You must take the bus 208 or 292, the price is 4PLN (more or less 1€) and the main station is the last bus stop.

There are a lot of buses to go to Krosno from Kraków. You can find more information here:

<http://www.barbara.net.pl/>

You can buy the ticket at the station or directly to the driver, the price is 25PLN for students, don't forget to say that you are student.

The timetable is:

Kraków	-														Krosno
Barbara Bus leaving from Krakow bus station to Krosno from Lower Platform															
	D6	D5	D14	D4	D4	D5	D4	D5	D5	D4	D5	D4	D6	D6	
Monday	7.00	8.45	9.45	10.45	11.45	12.40	13.30	14.45	15.45	16.45	17.45	18.45	19.45	21.15	
Tuesday	7.00	8.45	9.45	10.45	11.45	12.40	13.30	14.45	15.45	16.45	17.45	18.45	19.45	21.15	
Wednesday	7.00	8.45	9.45	10.45	11.45	12.40	13.30	14.45	15.45	16.45	17.45	18.45	19.45	21.15	
Thursday	7.00	8.45	9.45	10.45	11.45	12.40	13.30	14.45	15.45	16.45	17.45	18.45	19.45	21.15	
Friday	7.00	8.45	9.45	10.45	11.45	12.40	13.30	14.45	15.45	16.45	17.45	18.45	19.45	21.15	
Saturday	7.00	8.45	9.45	10.45	11.45	12.40	13.30	14.45	15.45	16.45	17.45	18.45	19.45	21.15	
Sunday	7.00	8.45	9.45	10.45	11.45	12.40	13.30	14.45	15.45	16.45	17.45	18.45	19.45	21.15	

How can you get to the dorm?

If you are going to live at dorm, you have to take a taxi to go because is far to the bus station. There is a cabstand in front of the station.

The dorm address is Żwirki i Wigury 9A Dom studenta, it's better if you show the address to the driver, the pronunciation is difficult.

How can you go to the University?

There are three college campuses in Krosno. You can find information about how you can get to each campus here:

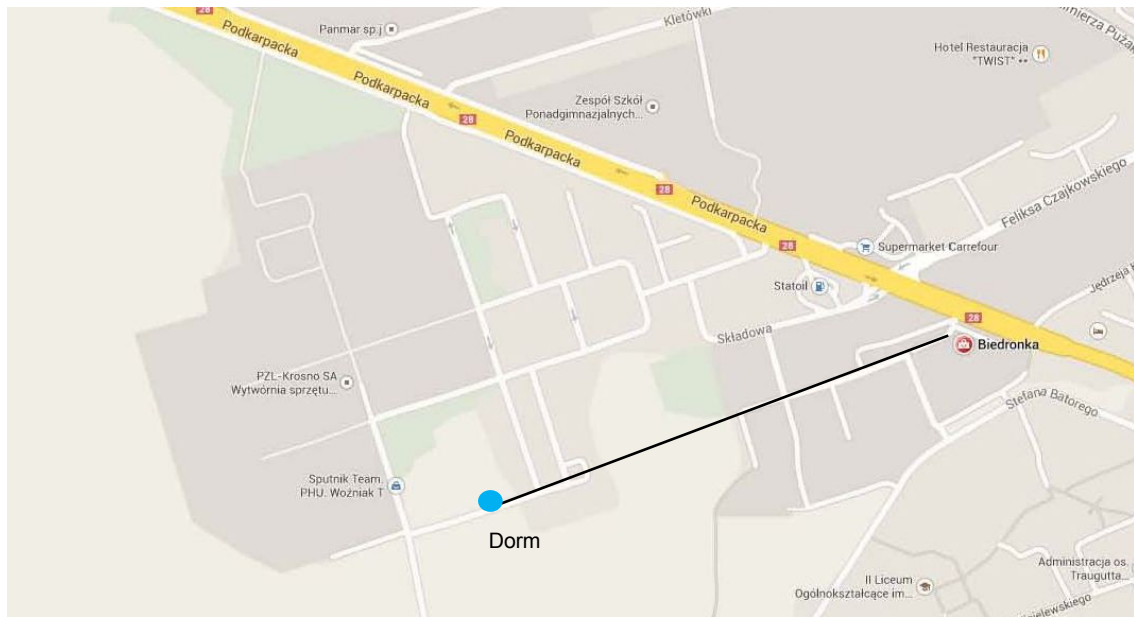
http://www.pwsz.krosno.pl/gfx/pwszkrosno/pl/defaultopisy/890/1/1/how_can_you_get_to_krosno_state_college_campus_from_zwirki_i_wigury_dormitory.pdf

Where can you buy?

There are several supermarkets in Krosno where you can buy food like Biedronka, Lidl, Delikatesy... If you are going to live at dorm, Biedronka and Delikatety are the nearest supermarkets, 10 minutes walking.

The supermarkets are open every day, even on Sunday. The timetable changes depending on each supermarket, but you can find a supermarket open from 6:30am to 10pm, except on Sunday when the closing time is 6:30pm.

The location of Biedronka is:



Delikatesy is close to Biedronka.

You cannot carry off the supermarket carts, it's forbidden. You can buy bags at supermarket.

I recommend you to make a list in Polish with some basic things that you will need to buy when you arrive, all is written in Polish at supermarkets and the staff doesn't usually speak English, things like milk or sugar are difficult to differentiate.

What can you do in Krosno?

Krosno is a small city, but don't worry you are going to spend a very good time here.

Rynek

Rynek is the market square and is located in the center of the old town. There are a lot of restaurants and cafeterias where you can try Polish meals. It's a beautiful place where you are going to spend a lot of time with your new friends.



Glass museum

The history of glass-working in Krosno goes back to 1923. Throughout years, the city managed to win worldwide fame, owing to perfect quality and finest design of glass produced here, especially the blown one. Today, Krosno is the largest and most famous glass-working centre in Poland, and one of the most important producers of glass in the world.

Opened in 2012, the Glass Heritage Centre presents and preserves the history of glass-working industry in Krosno. It is the first and the only museum in Poland, in which you will discover how amazing the art of glass-blowing are.



Muzeum Podkarpackie in Krosno

The Podkarpackie Museum in Krosno is one of the most interesting museums, known not only in Podkarpackie region but also throughout Poland. It is famous for the biggest collection of kerosene lamps in Europe. The museum is located in the historic old town in the former Bishop Palace.



Adventure Park

If you want to spend a fun afternoon with your friends you have to go to the Adventure Park. It's a type of amusement park where you can feel as a Tarzan. You can jump from tree to tree and up lift yourself a few meters above the ground. It's open on weekends and the price to enjoy all the attractions is 39PLN. You can find more information here: <http://www.linoskoczek.com.pl/>, but it's in Polish.



Ice rink

During the winter there is an ice rink a ten minutes walking from Rynek.



Karting

During the spring there is a karting in the same place of the ice rink.



Akwarium and Armagedon

There are two clubs where you can spend a good night, klub Akwarium and Armagedon.



Other places to visit near Krosno

Solina: is an artificial lake in the Bieszczady Mountains region, more precisely in Lesko County.



Zakopane: is a beautiful town in south Poland. It lies in the southern part of the Podhale region at the foot of the Tatra Mountains.



Kraków: is the second largest city and one of the oldest cities in Poland. It's a 3 hours by bus from Krosno.



Auschwitz: It's a 1 hour and 40 minutes by bus from Kraków. It's a historical place where you can see how the life in the camps was. It consisted of Auschwitz I (the original camp), Auschwitz II–Birkenau (a combination concentration/extermination camp), Auschwitz III–Monowitz (a labor camp to staff an IG Farben factory), and 45 satellite camps. You can visit two camps, Auschwitz I and Auschwitz II-Birkenau, for 30PLN with a guide.



Polish people

Besides having blond hair and blue or green eyes, Poles are very hospitable, at first appearance they seem serious, but when you meet them are very friendly and funny. Young Polish people have a quite high level of English, so you can talk with them without problems.

My last advice: Enjoy your time in Poland, have a lot of friends and learn a lot!

By Isabel Quero (Erasmus student from Spain)